

## CERVICAL CANCER ONLINE EDUCATIONAL PROGRAMS

Program	Date	Time	Format
Yoga and Meditation for All Women with <i>Three and Half Acres</i>	Thursdays Jan 4, 18 Feb 1, 15 Mar 7, 21	6-7pm ET	Zoom
In a Nutshell: HPV and Cervical Cancer	Wednesday Jan 17	12-12:15pm ET	Facebook Live
Ask the Expert: How to Cope with the Psychosocial Impact of Cervical Cancer	Wednesday Jan 24	12-12:30pm ET	Instagram Live
Cervical Chat: Embracing Your Beauty Amidst Cancer	Friday Feb 23	12-1pm ET	Instagram Live
Understanding and Managing Chemo-Induced Peripheral Neuropathy (CIPN)	Thursday Mar 7	3-4pm ET	Webinar
Tips for Managing Chemobrain	Wednesday Mar 27	12-12:30pm ET	Webinar





**CERVICAL CANCER SUPPORT GROUPS**

Group Name	Date	Time	Location
Cervical Cancer Support Group	Mondays Jan 22 Feb 26 Mar 25	8-9:30pm ET	Zoom
Young Women's GYN Cancer Support Group	Wednesdays Jan 17 Feb 21 Mar 20	7-8:30pm ET	Zoom

